

FOR EVERYONE'S SAFETY, PLEASE:

- Avoid making masks if you are sick or think you might be getting sick.
- Avoid making masks if you have been told you have a multi-drug resistant organism, or if you have any open or draining wounds.

- Keep all face mask materials away from household pets.
- Be sure the area in which you are working is clean (sanitize all surfaces with a disinfectant) before making masks.

- Be sure to perform hand hygiene before touching mask materials.
- If you are sharing the community masks you are making with others, masks should be washed before wear.

NCCJ

DIY COMMUNITY FACE MASK TEMPLATE

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See back side of newspaper for steps #1-5.

MATERIALS NEEDED:

- ½ yard of fabric
- 2 strips of fabric:
34" x ¾" if fabric doesn't ravel on edge or
34" x 1 ½" if fabric does ravel on edge or
34" long bias tape

TOOLS NEEDED:

- Sewing machine
- Scissors
- Pins
- Ruler
- Thread

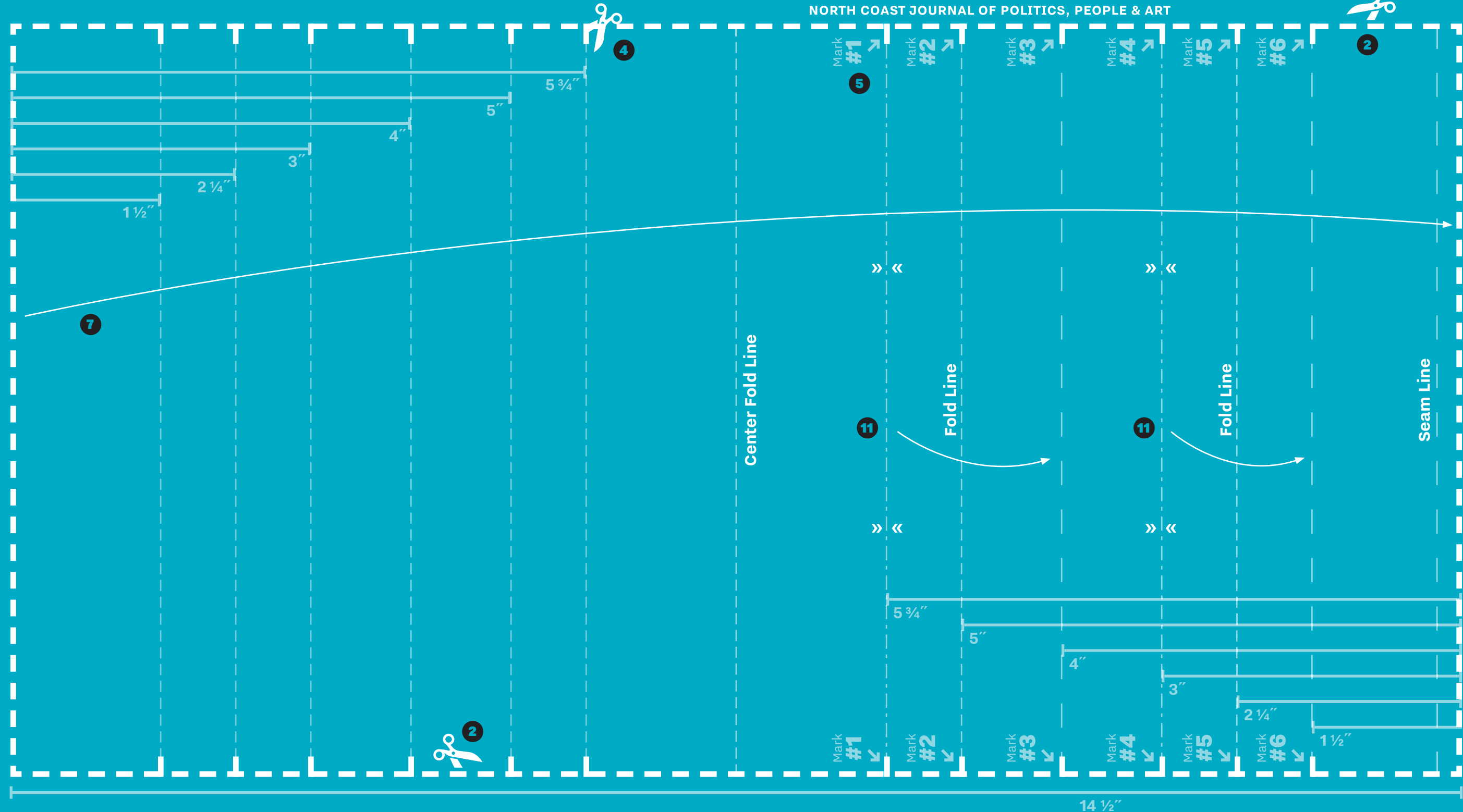


CUTTING THE FABRIC:

1. Wash your hands.
2. Cut out template along bold, dashed line.
3. Using the template as a guide, use a rotary cutter or scissors to cut one piece of fabric to a rectangular size of 14 ½" x 7 ½". This piece will become the body of the mask.

MARKING THE FABRIC:

4. On each long side of the face body, make 12 small (less than ¼") cuts with scissors at the measurement intervals indicated by the template. These cuts are perpendicular to the mask edge and will be used to ensure proper folding and pleating.
5. Starting at the center fold line of the mask body and going down, label or note the six scissor cuts as #1, #2, #3, #4, #5 and #6.



MASK ASSEMBLY:

6. Wash your hands.
7. Fold face mask fabric piece in half at center line and align edges to match on each side.
8. Stitch ¼" seam on non-folded, non-marked side.
9. Turn mask piece inside out so that the seam is inside, and hand press seam to flatten.
10. Place seamed edge on bottom, toward you.
11. **Create folds:**
 - a) Placing your thumb and index finger on the top fabric surface, and on either side of the line formed by marks #1, gather and pinch both fabric layers to create pleat and hand crease across.
 - b) While continuing to hold the fabric together, fold this layer on the line of mark #2, and then place the edge on the line of mark #3.
 - c) Hand press flat to ensure straight and pin in place.
 - d) Repeat steps a-c for second pleat (marks #4-6).
 - e) Along each short side, stitch pleats in place using a ¼" seam, remove pins.
12. **Create straps:**
 - a) Take one strap piece and align the center of strap with the center of the short side of the mask body.
 - b) Wrap strap piece front to back to equally cover mask raw edge (pleated side). If using fabric that ravels, turn over edge or use bias tape for finished look and longevity.
 - c) Stitch in place, lengthwise along the body of the mask (may stitch full strap length if using self turned casing or bias tape).
 - d) Repeat Steps a-c for second strap.
13. Trim all threads.

This community face mask template is sponsored by:



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